

# Diabetes Support Group

Have diabetes? Come join us.

Third Wednesday of every month  
5:30 p.m.—6:30 p.m.

Wednesday, January 21  
Wednesday, February 18  
Wednesday, March 18  
Wednesday, April 15  
Wednesday, May 20  
Wednesday, June 17

Wednesday, July 15  
Wednesday, August 19  
Wednesday, September 16  
Wednesday, October 21  
Wednesday, November 18  
Wednesday, December 16

*\*\*Please note: Dates are subject to change*

Resources and information will be provided by local organizations and professionals in the field of diabetes. Friendship and support provided by you and other support group members. Come join us for an evening of good conversation and fun.

North Side Library  
3516 5th Avenue  
Des Moines, IA 50313

Please RSVP to:

Courtney Slater, RD, LD, CDE  
cslater@hy-vee.com

Des Moines Drugstore: 515.633.8603

West Des Moines Drugstore: 515.440.1481